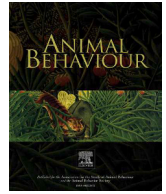




Contents lists available at ScienceDirect

Animal Behaviour

journal homepage: www.elsevier.com/locate/anbehav

Special Issue: Conservation Behaviour and the Anthropocene

Exposure to artificial light at night in the wild leads to behavioural shifts in a freshwater fish (*Gambusia holbrooki*)Matthew R. Jenkins^{*} , R. Brian Langerhans 

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ARTICLE INFO

Article history:

Received 24 October 2024
 Initial acceptance 3 June 2025
 Final acceptance 1 November 2025
 Available online xxx
 MS. number: SI-24-00652R

Keywords:

Anthropocene
 body condition
 circadian rhythm
 contemporary evolution
 diel behaviour
 light pollution
 Poeciliidae
 population demography
 urbanization

Growth of urban areas represents a leading cause of biodiversity loss and can lead to altered phenotypes. Anthropogenic disturbances might not only cause negative behavioural consequences in animals but also elicit adaptive behavioural responses via plasticity/learning or evolution. One pollutant universally linked with urbanization is artificial light at night (ALAN). ALAN causes widespread biological impacts, but we still know little about its ecological and evolutionary consequences, especially for aquatic organisms. Our field study examined ecological and phenotypic effects of ALAN in a diurnal, freshwater fish, the eastern mosquitofish, *Gambusia holbrooki*. We observed no evidence for negative effects of ALAN on population demographics or body size. We observed a number of behavioural shifts, some matched a priori adaptive hypotheses. While most fish appeared to sleep during the night in populations unexposed to ALAN, we observed a high incidence of night-time activity in ALAN-exposed populations. Active fish swam at a much higher speed at night within ALAN-exposed populations, apparently extending feeding behaviours throughout the night. Based on activity patterns, one population, the one with the longest history and greatest magnitude of ALAN, even displayed a loss of diurnality. Females in ALAN-exposed populations showed reduced daytime feeding rates, perhaps resulting from successful night-time feeding. Meanwhile, males exhibited higher rates of aggression and lower rates of sexual behaviours during the day in populations with greater magnitudes of ALAN. This could reflect proximate consequences of altered circadian rhythms but could also involve an adaptive shift where males perform more difficult and risky mating behaviours under dim night-time lighting where they might have higher success and lower risk from predators. For body condition and female daytime behaviours, we found evidence that mixing/gene flow with unexposed populations might have constrained adaptive divergence. Overall, we uncovered how one ubiquitous component of urbanization may have far-reaching consequences that extend beyond immediate, negative biological effects.

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Cities are becoming more abundant and more densely populated (United Nations, 2019). Organisms residing within urbanized environments often experience negative consequences resulting in population declines and local extirpation of species (e.g. Aronson et al., 2014; Grimm et al., 2008; G. Li et al., 2022; McKinney, 2008; McKinney & Lockwood, 1999; Seto et al., 2012). Yet, these negative ecological consequences can be temporary or avoided altogether in some species owing to evolutionary rescue or adaptive phenotypic plasticity (e.g. Bell, 2017; Carlson et al., 2014; Caspi et al., 2022; Feiner et al., 2021; Gonzalez et al., 2013;

Harmon & Pfennig, 2021; Snell-Rood et al., 2018). It is imperative to understand the demographic and phenotypic changes experienced by resilient organisms inhabiting rapidly urbanizing environments to better mitigate negative human-caused impacts and reduce the rate of biodiversity loss (e.g. Carroll et al., 2014; Des Roches et al., 2021; Lambert & Donihue, 2020; Schell et al., 2021; Szulkin et al., 2020; Thompson et al., 2022).

While evidence for urban-induced changes in phenotypes is now rapidly accumulating (e.g. Alberti et al., 2017; Johnson & Munshi-South, 2017; Lambert et al., 2021; Szulkin et al., 2020), especially for terrestrial organisms (e.g. Diamond & Martin, 2021; Perkin et al., 2011; Schell et al., 2021), only more recently have we discovered urban-driven trait changes in aquatic species (e.g. Alter et al., 2021; Brans & De Meester, 2018; Jenkins et al., 2021; Kern & Langerhans, 2018, 2019; Langerhans & Kern, 2020; Merckx et al.,

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<https://doi.org/10.1016/j.anbehav.2026.123541>

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Please cite this article in press as: Jenkins, M. R., Langerhans, R. B., Exposure to artificial light at night in the wild leads to behavioural shifts in a freshwater fish (*Gambusia holbrooki*), *Animal Behaviour* (2026), <https://doi.org/10.1016/j.anbehav.2026.123541>

2018; Rosso et al., 2023). We currently know almost nothing about how one of the most novel and widespread aspects of urbanization, artificial light at night (ALAN), might impact population ecology and phenotypes of aquatic organisms.

Ecological studies have uncovered widespread consequences of ALAN in disparate ecosystems and point to many areas in dire need of further research, including demographic and phenotypic consequences of ALAN in the wild (e.g. Altermatt & Ebert, 2016; Czaczkes et al., 2018; K. Gaston & Bennie, 2014; Gaston et al., 2015; Grose & Jones, 2020; Hölker et al., 2010; Hopkins et al., 2018; Longcore & Rich, 2004; Marangoni et al., 2022; Rich & Longcore, 2006; van de Schoot et al., 2024). Other than birds and sea turtles (e.g. Horton et al., 2023; McLaren et al., 2018; Thums et al., 2016; Van Doren et al., 2017; Witherington & Martin, 2003), we know little in this regard. Unlike highly mobile or volant organisms that could potentially behaviourally avoid ALAN, some aquatic species exposed to ALAN have little ability to remove themselves from night-time lighting. Combined with the ubiquity of coastal and freshwater ecosystems in urbanized areas (Bolton et al., 2017; Kummu et al., 2011), we clearly need to better understand the consequences of ALAN in aquatic systems, especially for fishes (e.g. Latchem et al., 2021; Marangoni et al., 2022; Moore et al., 2006; Nightingale et al., 2006; Perkin et al., 2011; Pulgar et al., 2019).

Most fish show diel activity patterns, using periods of light and dark for foraging, predator avoidance, movement and intraspecific interactions such as mating and social behaviours (Mehner, 2012; Pulgar et al., 2019). While night-time largely serves as a 'darkness' indicator for some diurnal fishes, natural night-time light variation caused by moon phases can influence behaviours of certain fish, such as diel vertical migrators (Prihartato et al., 2016; Shima et al., 2022). Sources of ALAN located near water sources can disrupt these behaviours as the brighter and more temporally constant lights overwhelm the relatively weak and highly variable moonlight to interrupt the natural cycle of light under which these animals have evolved. In fact, ALAN represents one of the most novel of all anthropogenic stressors, as no lineage has experienced continuous lighting throughout the night across all seasons in its evolutionary history. This lack of experience with relatively strong and constant night-time lighting suggests that the most common immediate consequence of ALAN may be negative behavioural impacts, but learned, adaptive responses are possible, as is adaptive evolution.

So far, rather than examining the effects of prolonged exposure to ALAN in the wild, most research to date has experimentally manipulated light regimes in laboratory settings to largely establish a proof-of-concept that ALAN can have behavioural or physiological proximate effects on fish, exposing fish to a wide range of night-time light conditions (e.g. 0.5–5000 lx). For instance, Latchem et al. (2021), showed that bluegill sunfish, *Lepomis macrochirus*, experimentally exposed to ALAN exhibited lower daytime locomotor activity and higher night-time swimming activity. In *Girella laevis*, an intertidal rockfish, experimental exposure to ALAN resulted in increased oxygen consumption and dramatically altered circadian and circatidal rhythms that caused higher overall activity levels (Pulgar et al., 2019). Trinidadian guppies, *Poecilia reticulata*, exposed to ALAN emerged more quickly from a refuge and spent more time in the open areas of their experimental tanks, behaviours that could expose them to increased predation risk in the wild (Kurvers et al., 2018). In smallmouth bass, *Micropterus dolomieu*, experimental exposure to ALAN induced increased activity during nest guarding, which was posited to potentially have negative fitness consequences (Foster et al., 2016). Czarnačka et al. (2019) found that exposure to night-time lighting increased nocturnal foraging rates on invertebrates by Eurasian perch, *Perca fluviatilis*. And western mosquitofish, *Gambusia affinis*,

experimentally exposed to ALAN had an overall lower swimming activity and lower glucose levels in the brain (Miner et al., 2021). Despite all this mounting evidence for effects of ALAN on activity level and foraging behaviour in fish, we do not know how prolonged exposure to ALAN in the field may cause demographic, phenotypic or evolutionary consequences. We clearly need field-based studies in urban aquatic systems to better understand the effects of ALAN on fish populations.

In this study, we tested how prolonged exposure to ALAN (~3–25 years) in nature has affected basic demography and key phenotypes in a common freshwater fish, the eastern mosquitofish, *Gambusia holbrooki*. These fish regularly inhabit urban streams, ponds and lakes; some of these aquatic environments are exposed to varying degrees of ALAN. For instance, *G. holbrooki* is found within the majority of aquatic habitats in most cities in the southeastern U.S.A. and primarily utilize shallow habitat that is highly susceptible to the influence of ALAN. Around Raleigh, North Carolina, we have found that many populations experience no ALAN (~<0.01–0.2 lx at night), but many other populations do (~0.3–31 lx). Eastern mosquitofish are visually oriented, relying primarily on their eyesight for foraging, social and sexual interactions and escaping predation (Ward & Mehner, 2010). These small, livebearing fish have relatively short generation times (~2–3 generations per year) and are diurnal, relatively abundant, easily observed and amenable to laboratory experiments. These features make them model organisms for testing the role of ALAN in causing altered ecology and evolution (e.g. population density, morphology, behaviour).

Based on prior work, we hypothesized that *G. holbrooki* residing in urban freshwater bodies experience adaptive phenotypic shifts in response to the altered selection regimes caused by prolonged exposure to ALAN. *Gambusia* fishes are known to exhibit rapid, ecologically driven phenotypic shifts via plasticity or evolution (e.g. Blanchard et al., 2024; Heinen-Kay et al., 2014; Jenkins et al., 2021; Langerhans, 2009; Moody & Lozano-Vilano, 2018; Riesch et al., 2015, 2018; Santi et al., 2020; Stearns, 1983; Stockwell & Weeks, 1999; Wood et al., 2022). We wished to test a series of predictions for adaptive differentiation in response to ALAN. To do this, we examined five pairs of populations, where each pair resided in a separate drainage and comprised an ALAN-exposed population and an ALAN-naïve population. We tested for ecological and phenotypic shifts by conducting measurements in situ in the field. If novel traits have enabled fish to tolerate or exploit ALAN, we expected to see (1) little-to-no differences in population demographics such as population density, age structure or sex ratio, (2) little-to-no differences in body size or body condition and (3) behavioural differences that could show parallel or nonparallel changes across drainages and reflect some combination of plasticity and evolutionary change. Alternatively, if negative impacts of ALAN are relatively long-lasting irrespective of possible behavioural shifts, we expected ALAN-exposed populations to show (1) differences in demography, such as reduced population density or reduced juvenile recruitment, and/or (2) reduced adult body size or condition, especially in populations with shorter time periods of ALAN exposure. For adaptive, ALAN-induced behavioural shifts, we specifically predicted (1) elevated incidence of night-time activity, (2) increased swimming speed and use of body and caudal fin periodic swimming during the night, (3) reduced daytime foraging and feeding rates owing to successful night-time feeding and (4) little change in daytime rates of aggression or sexual behaviours. These behavioural predictions are derived from hypotheses of increased night-time social and feeding activity in the presence of ALAN, as night-time lighting should permit fish to effectively perform a range of visually guided behaviours that are important for fitness while experiencing reduced predation risk during the

relatively dimly lit nights compared to the day (Nelson et al., 2022). We note two alternative possibilities for behavioural shifts: (1) if the increased energy expenditure of night-time activity is not compensated for by night-time energy acquisition in ALAN-exposed populations, then we could observe elevated day-time foraging and feeding rates, and (2) proximate effects of sleep deprivation and altered circadian rhythms/hormone dynamics could result in elevated aggression and/or reduced motivation for sexual behaviours during the day (e.g. Gutiérrez-Pérez et al., 2023; Van der Meer et al., 2004). And finally, if fish increase activity during the night in the presence of ALAN, they might also exhibit changes in spatial habitat use owing to altered risk/reward dynamics in dimly lit night-time conditions, but it is currently not clear how this might manifest.

METHODS

Study Sites

We investigated 10 urban populations of *G. holbrooki* in North Carolina, U.S.A. All localities were within the Neuse River Basin near the city of Raleigh (in the city limits of Apex, Cary, Morrisville and Raleigh) in an approximately 160 km² area. To test for differences between populations exposed and unexposed to ALAN, we carefully selected five pairs of sites, with each pair located in a separate drainage (Table 1, Fig. 1). Each pair comprised a 'Dark' site and an 'ALAN' site in close proximity to one another. The Dark sites had never previously experienced substantial ALAN as far as we know but sometimes had a small influence of distant lights from parking lots or buildings. The ALAN sites had all experienced artificial lighting from adjacent streetlights, parking lots or parking garages for at least the prior 3 years (Table 1). With one exception (Speight Branch), ALAN sites experienced the influence of ALAN across the entire site.

To focus on the effects of ALAN in this comparative study, we attempted to select sites that were similar in other aspects. For instance, all sites were permanent bodies of water with a pond-like habitat, having inlet and outlet streams, located within similarly urbanized areas (73–88% developed land cover within a 1.6 km radius of each site using the 2020 National Land Cover Database). In each site, *G. holbrooki* was abundant and easily viewed from above the water's surface. While we did not quantitatively survey aquatic communities, differences should be minimal across such similar habitats within these adjacent drainages (Olden et al., 2001; Zbinden et al., 2022), and we observed similar presence of fish species at all sites (e.g. bluegill, *Lepomis macrochirus*,

largemouth bass, *Micropterus nigricans*). Moreover, ALAN regime was not confounded with any measured water parameters (see Appendix, Table A1). Moon phase during fish observations also did not differ between ALAN and Dark sites (Appendix, Table A2).

To characterize the night-time lighting at each site, we measured the light intensity and colour of relevant artificial light sources during the night (2300–0130 hours). We did this on the same day that we measured water quality parameters and conducted demographic and activity surveys (see below). Subsequent light measurements for each site approximately one year later yielded nearly identical results (i.e. high repeatability of light intensity measurements, intraclass correlation coefficient: $r = 0.98$, $P < 0.0001$). To estimate the light intensity from all relevant light sources, we walked the perimeter of each site to identify five to seven locations that would accurately represent the typical (and maximum) light conditions experienced by *G. holbrooki* at night (typically in shallow, nearshore habitat). We then measured the illuminance near the water surface at each of these locations using an Extech EA30 light meter (Nashua, NH, U.S.A.), recording the lux to the nearest 0.01 units. All Dark sites exhibited little to no influence of ALAN during the night, and moonlight is not known or suspected to strongly influence *G. holbrooki* night-time behaviour due to the fish's diurnality. Regardless, moonlight at these sites is much weaker, especially in the summer (unlikely exceeding 0.2 lx even for brief periods during clear, full moons, and more commonly experiencing <0.05 lx; Kyba et al., 2017; R. B. Langerhans, personal observation), and far more temporally variable than ALAN. Meanwhile, ALAN sites spanned a moderate gradient of light levels at night (Table 1). Thus, fish in Dark sites experienced relatively dark nights, but fish in different ALAN sites experienced either very dim night-time lighting (Speight Branch) or moderate levels of night-time lighting similar to lighting recommendations for most outdoor stairways, roadways and pedestrian areas (recommended range 4–34 lx, Bureau of Street Lighting, 2007). Moreover, ALAN sites varied in the timescale of exposure to ALAN, ranging from relatively short-term exposure (Stirrup Iron Creek) to more than two decades (Williams Creek) (Table 1). While ALAN light intensity could vary temporally at each site, variation is likely not particularly large for these sources of ALAN. To estimate the colour (spectra) of all influential light sources at each ALAN site, we measured irradiance using a Jaz spectrometer (Ocean Optics, Dunedin, FL, U.S.A.). Near the water's edge, we pointed the end of an irradiance fibre-optic cable toward all relevant light sources and saved spectra to a computer. Nearly all sources of ALAN at these sites were derived from LED lighting with similar spectra properties, with only one site having additional types of lighting substantially influencing the site (Appendix, Fig. A1). Thus, all ALAN sites experienced relatively similar spectra of lighting at night.

Table 1

Summary of night-time light exposure magnitude (lux) and history (years) for each study site, as well as the distance between paired sites within each drainage

Drainage	ALAN status	Max. lux	Mean lux	Years with ALAN	Pair distance (m)
Speight branch	ALAN	0.34	0.19	13	150
	Dark	0.00	0.00	0	
Walnut creek	ALAN	5.33	2.38	16	200
	Dark	0.10	0.02	0	
Stirrup iron creek	ALAN	6.60	4.02	3	130
	Dark	0.00	0.00	0	
Brier creek	ALAN	7.99	6.46	15	1175
	Dark	0.08	0.04	0	
Williams creek	ALAN	30.51	24.63	25	1100
	Dark	0.05	0.02	0	

ALAN: artificial light at night. Note that values of 0.00 lx indicate light values less than 0.01 lx during fish observations, and not an absolute absence of light.

Population Demographics, Habitat Use and Activity

To test for effects of ALAN on overall population demographics and diel patterns of habitat use and activity, we conducted randomized quadrat surveys of *G. holbrooki* during the day and at night at each site in the summer of 2020 (27 June – 6 August). *Gambusia* are most active during summer months because of longer photoperiods and warmer waters (Alcaraz & García-Berthou, 2007; Gao et al., 2019; Martin, 1975). At each site, we assigned 20 random 1 m² quadrats spaced at least 3 m apart and within 1 m of the shoreline for visual identification of fish presence and sex/age class. Previous work has found this method effective for *Gambusia* fishes in these habitat types (Araújo, Langerhans, Giery, & Layman, 2014; Heinen-Kay et al., 2014; Riesch et al., 2015). Water depth was <0.5 m for all quadrats. We selected this shallow, nearshore habitat type because of its prolific

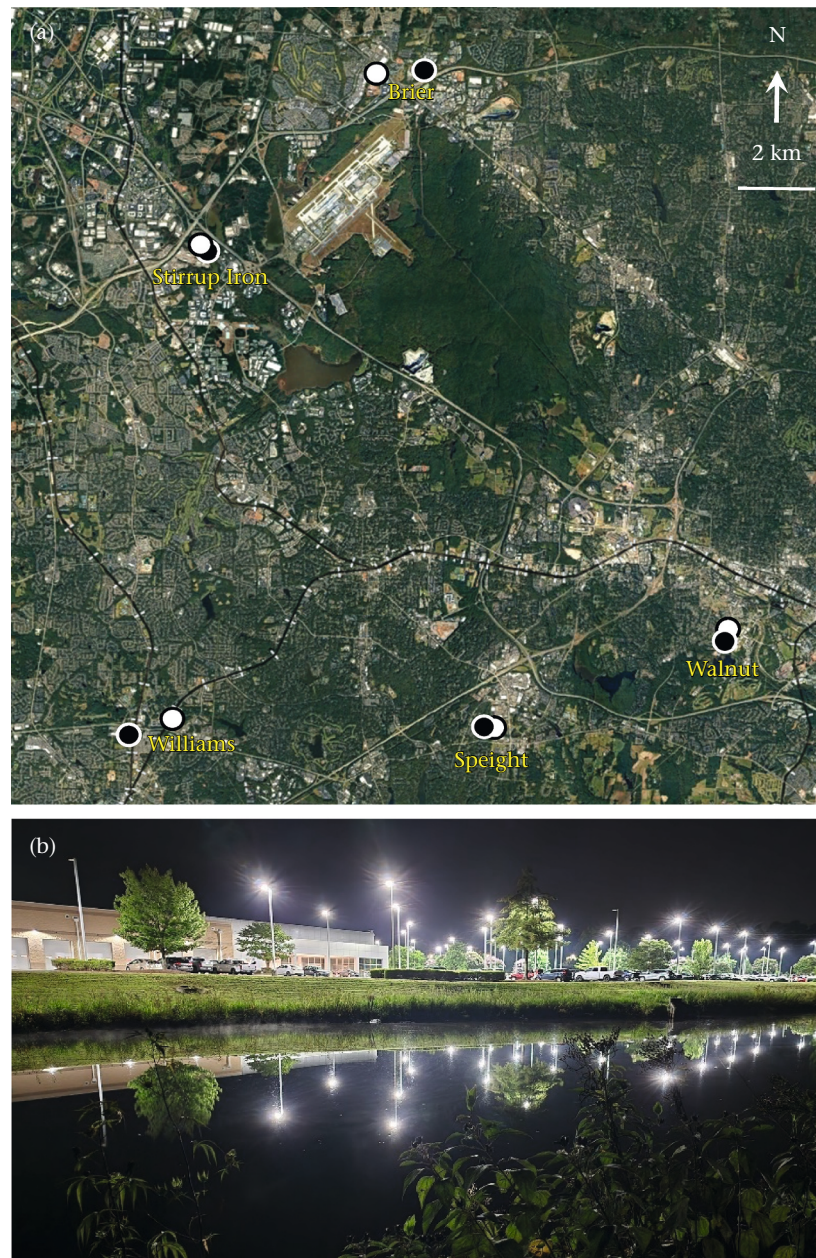


Figure 1. (a) Map of the five pairs of field sites near the city of Raleigh, North Carolina, U.S.A., depicting artificial light at night (ALAN, white symbols) and Dark (black symbols) localities. Names indicate the five separate drainages. (b) Night-time photograph of the ALAN site in the Williams Creek drainage.

and obvious use by *G. holbrooki*, as well as its ease of visual assessment; however, these fish can utilize more offshore and slightly deeper environments as well. For each quadrat, a single observer (M.R.J.) counted the number and sex/age class (male, female, juvenile) of each *G. holbrooki* and noted whether the quadrat contained active fish or not (0 versus 1) during both the day and night survey at each site. Sexes were easily distinguishable due to their morphological differences, and juveniles were defined as individuals that appeared to be less than 20 mm standard length and clearly not a mature male (this procedure is highly accurate based on visual identification of subsequently sampled fish using dip-nets during a training period). We defined activity simply based on the presence of swimming behaviours, with inactive fish remaining stationary unless disturbed. Because *G. holbrooki* is a highly active, diurnal fish, we expected to encounter inactive fish only during the night. To visually observe fish, we carefully walked

around the perimeter of each site, slowly approaching each quadrat to avoid any disturbance to the best of our abilities. During the night surveys, hand-held flashlights with red filters were used for visual observations; we used red light to minimize disturbance of *G. holbrooki* (Fitzpatrick et al., 2013; Harvey et al., 2012; Widder et al., 2005). Lights were only turned on and pointed toward the water during quadrat observations. In each case, the daytime and night-time surveys were conducted within 10–12 h of each other during midday (~1200–1330 hours) and approximately 2 h past sunset (~2300–0030 hours).

From these 400 quadrats (20 quadrats per 10 populations during both day and night), we calculated density (number of individuals/m²), age structure (number of juveniles/total number of individuals), sex ratio (number of females/number of adults) and proportion active (number active/total number of individuals). Because some quadrats had either no adults or no fish present, less

than 400 data points were examined for estimates of sex ratio ($N = 366$), as well as age structure and activity ($N = 378$). Density, age structure and sex ratio were included as dependent variables in general linear models to test for effects of drainage, ALAN presence, day/night and all interactions. In this way, we could test our hypotheses concerning how ALAN might influence these variables, whether effects of ALAN might be drainage specific, whether ALAN might alter diel patterns (i.e. day/night differences) and whether ALAN might have altered diel patterns in drainage-specific manners. Thus, in addition to testing population differences in demographic variables, this also allowed us to detect diel shifts in habitat use, e.g. a more female-biased sex ratio observed in shallow, nearshore water during the day compared to the night would imply that females used offshore or deeper waters more at night relative to males. To meet assumptions of normality of residuals, we log-transformed density and arcsine square-root-transformed age structure and sex ratio. We calculated η^2 as an estimate of effect size for each model term to evaluate the relative importance of potential effects. To directly test for among-population associations between the magnitude of ALAN and demographic variables, we also tested the Pearson correlation between the maximum lux of each site and the day/night mean estimates of each demographic variable. Note that these results were qualitatively the same as those obtained through general linear mixed models testing for effects of maximum lux while including a random term for population throughout this study. Furthermore, all analyses using maximum lux as a continuous variable yielded qualitatively identical results when we substituted 0.2 lx for all Dark sites (serving as the maximum possible lux experienced during full-moon nights, even if only briefly) rather than using the actual lux observed during fish observations. Because we observed an intriguing pattern of sex ratio differences between ALAN and Dark sites that could have resulted from density-dependent effects (see Results), we conducted separate analysis of covariance (ANCOVA) models for the daytime and night-time data using population means that tested for variation in sex ratio attributable to density, ALAN presence and their interaction. This allowed us to determine whether differences between ALAN and Dark sites could be statistically explained by a correlation with density, or alternatively whether differences persisted after statistically adjusting for variation in density.

To test variation in activity incidence, we did not conduct a general linear model as we did for demographic data because 15 of the 20 surveys exhibited no variation among quadrats (all fish were either active or inactive) and differences among surveys were apparent without statistical analysis. However, to specifically test the hypothesis that a higher intensity of ALAN might lead to greater frequency of night-time activity, we tested for a positive correlation between the proportion of quadrats with active fish during night surveys and the maximum lux of each site. To accomplish this, we used the nonparametric Spearman correlation because of the non-normality of the activity data. We conducted analyses in JMP software (version 16.0, 2021, SAS Institute Inc., Cary, NC, U.S.A.).

Locomotor Activity

To test whether ALAN influences locomotor activity of *G. holbrooki*, we wanted to observe swimming behaviours and measure swimming speed and swimming style in situ in the absence of any possible human interference. To accomplish this, on the same days and nights when we conducted quadrat surveys, we recorded approximately eight videos during both day and night from overhead with an infrared-receptive camera (Panasonic HC-WXF991) at 3840 × 2160 resolution. To capture video of

swimming fish and accurately measure their swimming behaviour, we recorded videos in areas where *G. holbrooki* had been observed and restricted analysis to fish near the water surface (<3 cm deep, limiting vertical displacement of fish). Video locations were separated by at least 5 m within sites. We mounted the video camera on a tripod, and in each case recorded video at 30 frames/s for approximately 5 min in the absence of any nearby human from ~0.5 m above the water surface (~50 × 30 cm field of view). At the beginning of each video, a 3 cm laminated grid was placed just below the water surface for scale (*G. holbrooki* typically swim near the surface). During night recordings, we illuminated the field of view using the camera's built-in infrared light, as well as two 850 nm infrared Souyos flashlights mounted onto the tripod. The videos provided clear views of unambiguously undisturbed fish for the measurement of swimming behaviour during short time periods.

From the videos, we selected 30 fish for measurement that met the following criteria during each observation period at each site: active fish performing routine behaviours near the water surface, not directly interacting with conspecifics or other fish species, and in the camera view ≥ 5 s. Within dark sites, most fish were inactive during quadrat surveys, but video analysis revealed that some fish within these localities exhibited at least occasional active swimming behaviours. Because we could not clearly determine the sex or age class of all individuals in the videos, we instead selected fish of varying sizes from each site in an effort to provide a representative sample of fish from each population. For these fish, we measured (1) body size (standard length, SL) using 'tpsDig2' (Rohlf, 2017) with a screenshot from the video that provided a clear view of the unbent fish body, and (2) swimming speed during a 5 s video segment using 'DLTdv8' (Hedrick, 2008). SL was defined as the length between the tip of the snout and the posterior end of the vertebrae. In DLTdv8, we digitized the snout tip of the fish every third video frame (i.e. every 0.1 s) of the video segment (51 points spanning 50 time steps). This frequency of measurement resulted in smooth displacement by time graphs, indicating an adequate spacing with relatively low measurement error and little missing information between time steps. For each time step, we calculated swimming speed as distance travelled (mm) divided by time (s). We then calculated the average swimming speed and coefficient of variation of swimming speed ($CV = SD/\text{mean} \times 100$) for each fish.

While average swimming speed was measured to capture the overall movement rate of fish, we calculated the CV of swimming speed to capture aspects of the swimming style. During the day, *G. holbrooki* typically exhibit body and caudal fin periodic propulsion during routine swimming (e.g. see Blake, 2004). However, during the night we noticed that active fish often displayed a burst-and-coast swimming style, typified by a rapid dart followed by a coast phase and a variable period of little motion. Moreover, while fish rarely come to a stop during routine swimming in the daytime, we observed stopping behaviours at night. This burst-and-coast behaviour is characterized by high temporal variation in velocity compared to body and caudal fin periodic swimming, and thus the CV of swimming speed from video analysis should capture this variation (higher CV implies more burst-and-coast swimming and less body and caudal fin periodic propulsion).

Statistical analysis of average swimming speed and CV of swimming speed followed that described above for demographic variables, with the addition of body size (SL) as a covariate to statistically control for effects of body size. That is, we again conducted general linear models to test for effects of drainage, ALAN, day/night and all interactions and calculated η^2 as estimates of effect size. We log-transformed swimming speed to meet assumptions for analysis. We observed two outliers, two individuals in Speight Branch ALAN site had extremely low average swimming

speeds during night observations, and we excluded these two fish from analysis. To test whether average daytime or night-time locomotor activity was associated with maximum lux at night, we tested for Pearson correlations using population means.

Adult Daytime Behaviours

During the day, immediately following the demographic quadrat surveys, we conducted focal animal sampling (Bateson & Martin, 2021) along the shoreline to measure the frequency of common behaviours of *G. holbrooki*. All behavioural observations occurred during midday (~1230–1530 hours) because focal sampling was not feasible at night. During each observation, a single observer (M.R.J.) visually followed one adult fish (see Appendix, Table A3 for sample sizes) for a brief time (mean \pm SE = females: 79.5 ± 1.5 s; males: 73.8 ± 1.8 s), recording the number of occurrences of four behaviours: foraging (prey inspections), feeding (bites), aggression (chasing or circling another fish) and sexual behaviours (male–female chase, mating attempt). For each fish, the observer attempted to follow the fish and record behavioural frequencies for approximately 90 s, but view of the fish was frequently lost prior to this time point (e.g. lost in a group of fish, briefly obscured by plant structure). To avoid observing the same individual multiple times, we took the following precautions: (1) we specifically selected fish of different sex or size for observations within a given ~ 3 m² area, (2) we systematically moved in one direction along the shoreline between observations (avoiding returning to an area already examined), (3) we covered a large area of each site, with most observations of the same sex conducted at least several metres from one another and (4) performed all behavioural observations within a relatively short time frame (81–119 min) at each site to prevent the potential for fish to move large distances. These methods and time frames have been previously used successfully to characterize behaviours of poeciliid fish, including *Gambusia*, in situ (e.g. Heinen et al., 2013; Köhler et al., 2011; Kraft et al., 2016; Tobler et al., 2009). Here, we typically observed a number of behaviours during these observation periods, indicating that the time frame was biologically relevant (mean \pm SE = 6.8 ± 0.3 behaviours/fish). Out of the 430 total fish we observed, only seven performed no behaviours during our observations.

For analysis, we first converted all behavioural observations to behavioural frequencies (number/min). We analysed behaviours separately by sex because of the strong differences in all behaviours between the sexes. To account for nonindependence of behavioural variables and reduce dimensionality, as well as generate trait axes that met assumptions of general linear models, we conducted principal components analysis (PCA) using the correlation matrix of the four behaviours separately by sex. We retained the first two PC axes in each case (those with eigenvalues >1), accounting for 74.51% of variance in females and 72.08% of variance in males. For both sexes, PC1 described variation in the rate of foraging and feeding behaviours, while PC2 described a trade-off where more positive scores were associated with higher aggression frequencies and lower frequencies of sexual behaviours and negative scores reflected lower aggression frequencies and higher frequencies of sexual behaviours (Table 2).

To test our hypothesis that ALAN leads to changes in daytime *G. holbrooki* behaviour, we constructed general linear models using the four relevant PC axes as dependent variables and drainage, ALAN status and their interaction as independent variables. To assess whether the magnitude of night-time lighting might influence daytime behaviours, we further examined among-population associations between average behavioural PC scores and maximum night-time lux at each site using Pearson

Table 2

Loadings and variance explained for principal components analysis of behavioural frequencies for female and male *G. holbrooki* ($N = 430$) observed within the 10 focal populations

Behaviour	Females		Males	
	PC1	PC2	PC1	PC2
Prey inspection freq.	0.97	-0.02	0.93	0.03
Biting freq.	0.97	0.02	0.88	-0.09
Aggression freq.	-0.21	0.75	-0.25	0.72
Sexual behaviour freq.	-0.23	-0.67	-0.30	-0.75
% Variance explained	49.36	25.14	44.91	27.17

Behaviours with the strongest loadings on each PC axis are shown in bold.

correlation. Because results for females suggested that the geographical proximity of paired sites might influence behavioural differences within drainages, we additionally conducted tests for associations between behavioural differentiation (difference in PC scores) and geographical distance for each sex using Pearson correlation. This specifically tested whether behavioural differences between ALAN and Dark sites tended to increase with increasing distance between the sites.

Body Size and Condition

To investigate whether ALAN influences body size or condition of *G. holbrooki*, we examined approximately 20–30 adults of each sex from each site (Appendix, Table A3), measuring their length, weight and length-specific weight. We collected fish using seines and dip-nets during 20 September – 2 October 2020, separately photographed and weighed each fish alive, and either returned them to their site of collection (6 populations) or housed them in the laboratory at North Carolina State University for subsequent experimentation in a separate study (4 populations). In all cases, we collected fish from each population within a given drainage within 24 h of each other. We attempted to collect and measure adults representative of the size distribution within each population. To measure SL, we placed each fish in a polypropylene beaker (9 cm diameter) with ~ 100 mL of water with a laminated ruler positioned on the bottom and captured a photograph from above using a tripod-mounted DSLR camera (Canon T3i; Canon Inc., Tokyo, Japan) with a macro lens (Sigma 50 mm f/2.8 EX DG Macro; Sigma Corp., Ronkonkoma, NY, U.S.A.). We then used 'tpsDig2' (Rohlf, 2017) to measure SL from the digital images. We measured the mass of each fish to the nearest 0.001 g by gently and briefly drying each fish in a small aquarium net and placing it into a 0.5-litre beaker filled with ~ 10 mL of water that was tared on a balance (Adventurer model, OHAUS Corp., Parsippany, NJ, U.S.A.). We have previously demonstrated very high repeatability for these methods of measuring SL and mass in adult *G. holbrooki* (Langerhans et al., 2021).

For analysis of body size, we examined log-transformed SL and log-transformed mass. For analysis of body condition, we examined Fulton's K (weight relative to an expectation of simple isometric growth, $K = \text{mass}/\text{SL}^3 \times 100$). Note that Fulton's K was highly correlated with residuals from a linear regression of log-transformed mass on log-transformed SL ($r = 0.96$). To test whether ALAN influences body size or condition of *G. holbrooki*, we constructed general linear models using these three variables as dependent variables and drainage, ALAN, sex and their interactions as independent variables. We calculated η^2 as estimates of effect size to evaluate the relative importance of model terms. We tested for among-population correlations of body size and condition with the magnitude of ALAN using Pearson correlation with sex-specific means. Because body condition might partially

reflect overall health/fitness of adults, we tested for evidence that population mixing/gene flow might constrain adaptive differentiation by testing associations between body condition differentiation among paired sites (mean condition in ALAN – mean condition in Dark) and geographical distance between sites using Pearson correlation separately by sex.

Ethical Note

This work was conducted with approval from the Institutional Animal Care and Use Committee of North Carolina State University (protocol 19-756-O) and the North Carolina Wildlife Resources Commission (license 20-SFC00250).

RESULTS

Population Demographics, Habitat Use and Activity

For population density, we found evidence for the influence of all model terms except the interaction between ALAN and day/night (Table 3). Based on effect size estimates, the strongest influences on density involved drainage-specific effects of ALAN that partially depended on day/night. This means that ALAN tended to have heterogeneous effects on *G. holbrooki* density. Specifically, ALAN sites exhibited greater average density than Dark sites within three drainages (Speight Branch, Stirrup Iron, Brier Creek), while Dark sites never showed higher densities than ALAN sites within any drainage (Fig. 2a). Thus, ALAN was sometimes, but not always, associated with higher population densities of *G. holbrooki*. Moreover, in ALAN sites, we observed higher densities in shallow, nearshore water during the day than at night within three drainages (Speight Branch, Walnut, Stirrup Iron; Fig. 2a). This diel change in density within shallow, nearshore habitat suggests that fish shifted offshore or generally spread out across these sites in a less aggregated spatial distribution at night. Within one drainage (Williams Creek), this pattern was observed within the Dark site, while the opposite pattern (higher density at night compared to

the day) was exhibited in the ALAN site. Note that higher observed densities during the day cannot be explained as an artefact of lower detectability of *G. holbrooki* at night because this pattern was not observed in the majority of sites. We found no association between day or night density and maximum night-time lux (both $P > 0.20$).

For age structure, we again found evidence for the influence of all model terms except the interaction between ALAN and day/night (Table 3). The strongest effects on the proportion of juveniles involved differences between drainages and drainage-specific effects of ALAN. We observed a greater average proportion of juveniles in ALAN sites compared to Dark sites within two drainages (Stirrup Iron, Brier Creek); we never observed a greater proportion of juveniles in two drainages (Stirrup Iron, Brier Creek); we never observed a greater proportion of juveniles in Dark sites compared to ALAN sites within any drainage (Fig. 2b). This suggests that ALAN was sometimes, but not always, associated with a shift in age structure toward a greater proportion of juveniles. Furthermore, while we did not observe strong differences in the proportion of juveniles between day and night in most sites, one drainage (Williams Creek) was characterized by a decrease in the proportion of juveniles observed at night compared to the day (Fig. 2b). This suggests that, within this drainage, *G. holbrooki* showed an age-based diel shift in habitat use, with juveniles, but not adults (see below for results for density), tending to disperse at night toward a less aggregated spatial distribution. We observed no association between day or night proportion of juveniles and maximum night-time lux (both $P > 0.40$).

We found that all model terms involving ALAN had an influence on sex ratio, but we found no evidence for effects of other terms (Table 3). The strongest effects involved drainage-specific ALAN influences on the proportion of females observed. Within three drainages (Speight Branch, Stirrup Iron, Brier Creek), we tended to observe more female-biased sex ratios in Dark sites compared to ALAN sites (Fig. 2c). Additionally, for most drainages, we tended to observe more female-biased sex ratios during the day compared to the night in ALAN sites but not in Dark sites, although this was never especially strong (Fig. 2c). Together, these results suggest that ALAN was sometimes associated with an overall lower relative abundance of adult females in *G. holbrooki* populations, and more commonly associated with a moderate, sex-specific diel habitat shift. Using ANCOVAs to test whether these patterns might be explained by correlations with population density, we found that mean daytime sex ratio was explained by a negative correlation with daytime density ($F_{1,6} = 7.97, P = 0.0302$) and not by ALAN ($F_{1,6} = 0.03, P = 0.86$) or their interaction ($F_{1,6} = 0.88, P = 0.38$), and that mean night-time sex ratio exhibited a relatively lower proportion of females in ALAN populations ($F_{1,6} = 7.19, P = 0.0365$), but showed no effects of night-time density ($F_{1,6} = 2.54, P = 0.16$) or the interaction term ($F_{1,6} = 0.30, P = 0.61$). Note that results were similar when we substituted daytime density for night-time density in the latter analysis. Thus, only night-time sex ratios differed between ALAN and Dark sites after statistically adjusting for population density, indicating that ALAN was associated with sex-specific diel shifts but not overall differences in sex ratio. Inspecting the density of each sex separately, there was a pattern for both sexes, where females tended to utilize nearshore habitat more during the day than at night within ALAN sites (female density 31% higher in daytime), while males tended to utilize nearshore habitat more at night than during the day (male density 14% lower in daytime). No association between day or night proportion of females and maximum night-time lux was observed (both $P > 0.45$).

We found that all *G. holbrooki* observed during the day within all sites were active, but at night active fish were more frequently

Table 3

Results of general linear models examining variation in density, proportion of juveniles and proportion of females attributable to effects of drainage, ALAN, day versus night and their interactions

	F	df	P	η^2	R ²
Density					0.48
Drainage	14.82	4, 380	<0.0001	8.18	
ALAN	77.09	1, 380	<0.0001	10.64	
Day/night	22.26	1, 380	<0.0001	3.07	
Drainage × ALAN	22.81	4, 380	<0.0001	12.6	
Drainage × day/night	4.93	4, 380	0.0007	2.72	
ALAN × day/night	1.03	1, 380	0.3108	0.14	
Drainage × ALAN × day/night	18.46	4, 380	<0.0001	10.19	
Proportion of juveniles					0.37
Drainage	20.73	4, 358	<0.0001	14.56	
ALAN	39.15	1, 358	<0.0001	6.88	
Day/night	4.30	1, 358	0.0388	0.76	
Drainage × ALAN	14.34	4, 358	<0.0001	10.07	
Drainage × day/night	4.57	4, 358	0.0013	3.21	
ALAN × day/night	0.45	1, 358	0.5045	0.08	
Drainage × ALAN × day/night	3.22	4, 358	0.0130	2.26	
Proportion of females					0.22
Drainage	1.89	4, 346	0.1125	1.70	
ALAN	33.41	1, 346	<0.0001	7.52	
Day/night	1.74	1, 346	0.1879	0.39	
Drainage × ALAN	8.70	4, 346	<0.0001	7.83	
Drainage × day/night	0.83	4, 346	0.5095	0.74	
ALAN × day/night	8.86	1, 346	0.0031	1.99	
Drainage × ALAN × day/night	2.49	4, 346	0.0428	2.25	

P values ≤ 0.05 in bold, $\eta^2 \geq 5\%$ in bold.

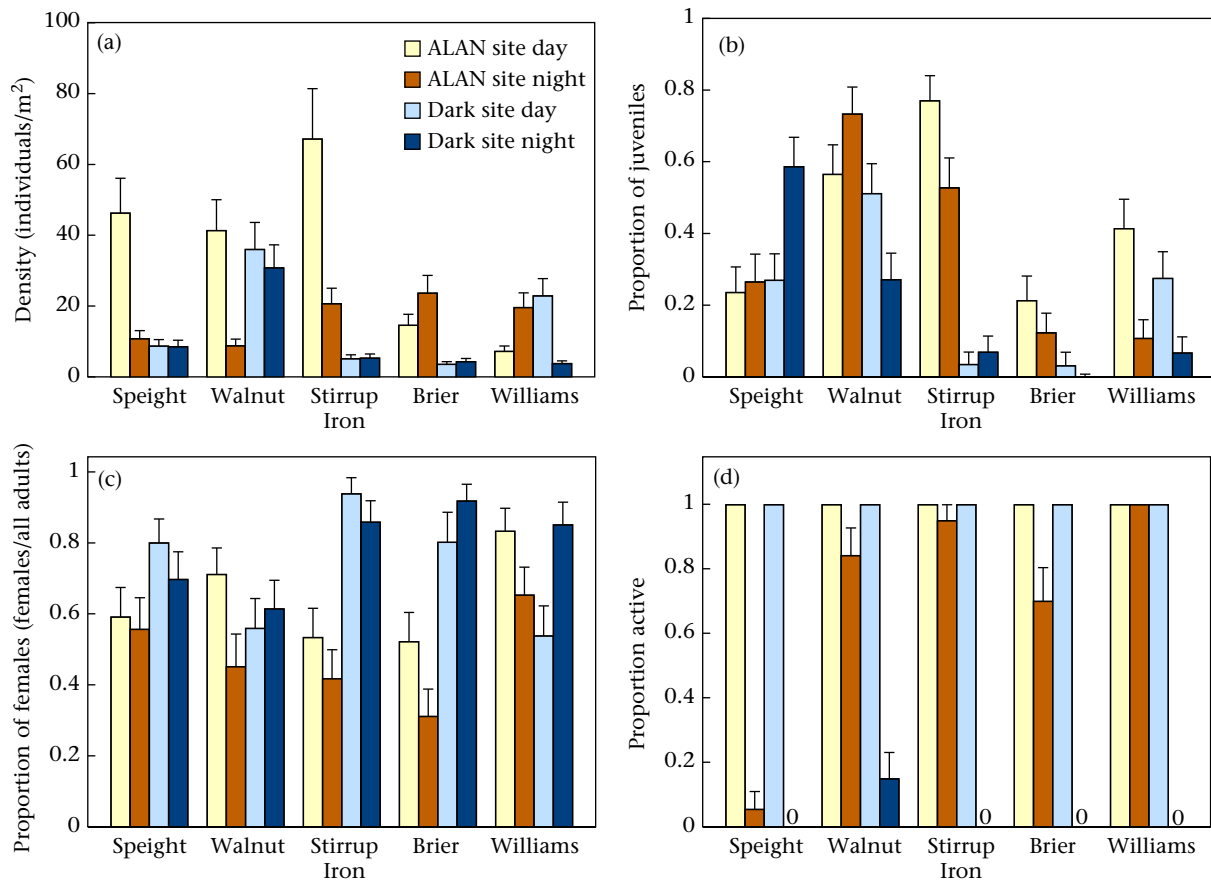


Figure 2. Variation among artificial light at night (ALAN) and Dark populations for both day and night across the five drainages in (a) density, (b) proportion of juveniles, (c) proportion of females and (d) proportion of active *G. holbrooki* observed during visual surveys ('0' indicates no active fish observed). Mean ± 1 SE depicted.

encountered in ALAN sites than in Dark sites within all five drainages (Fig. 2d). This pattern was strongly apparent in all but one drainage: in the Speight Branch drainage, the ALAN site experienced an especially low lux from nearby ALAN (Table 1) and also did not show high frequencies of active fish at night. We never observed active fish during quadrat sampling at night within the Dark sites for four of the five drainages (Fig. 2d). Across all sites, average night-time activity was positively associated with maximum lux (Spearman rank correlation: $r_s = 0.92$, $N = 10$, $P = 0.0001$).

Locomotor Activity

We found that all model terms were important in influencing mean swimming speed, while most terms were influential for CV of swimming speed (Table 4). By far, the strongest effect was the diel effect, where *G. holbrooki* swam faster during the day than at night (Fig. 3a) and exhibited a higher CV for swimming speed (i.e. greater burst-and-coast swimming style) at night compared to the day (Fig. 3b). Only in the ALAN site in the Williams Creek drainage, where night-time lux was especially high, did we not observe a reduction in mean swimming speed and an increase in CV during the night. We also found that active fish tended to swim faster in ALAN sites than in Dark sites in most cases: during the day, this pattern occurred in three drainages (Speight Branch, Stirrup Iron, Brier Creek), and during the night, this pattern was observed in four drainages (all but Speight Branch, which had a very low light intensity) (Fig. 3a). Meanwhile, CV of swimming speed showed highly heterogeneous associations with ALAN (Fig. 3b). Testing for

Table 4

Results of general linear models examining variation in the mean and coefficient of variation in swimming speed attributable to effects of drainage, ALAN (artificial light at night), day versus night, their interactions and the body size covariate (standard length, SL)

	F	df	P	η^2	R ²
Mean swim speed					0.55
Drainage	25.96	4, 577	<0.0001	8.05	
ALAN	43.14	1, 577	<0.0001	3.34	
Day/night	360.6	1, 577	<0.0001	27.95	
Drainage × ALAN	21.44	4, 577	<0.0001	6.65	
Drainage × day/night	12.67	4, 577	<0.0001	3.93	
ALAN × day/night	6.73	1, 577	0.0097	0.52	
Drainage × ALAN × day/night	25.91	4, 577	<0.0001	8.03	
SL	69.37	1, 577	<0.0001	5.38	
CV (%) swim speed					0.53
Drainage	12.70	4, 577	<0.0001	4.17	
ALAN	3.47	1, 577	0.0631	0.28	
Day/night	295.36	1, 577	<0.0001	24.24	
Drainage × ALAN	32.56	4, 577	<0.0001	10.69	
Drainage × day/night	19.09	4, 577	<0.0001	6.27	
ALAN × day/night	1.09	1, 577	0.2978	0.09	
Drainage × ALAN × day/night	24.13	4, 577	<0.0001	7.92	
SL	5.32	1, 577	0.0215	0.44	

P values ≤ 0.05 in bold, η^2 ≥ 5% in bold.

among-site associations between locomotor activity and maximum lux at night, we found no association for daytime average swimming speed (Pearson correlation: $r_8 = 0.47$, $P = 0.17$), a positive correlation for night-time average swimming speed ($r_8 = 0.64$, $P = 0.0447$), no correlation for daytime CV of swimming

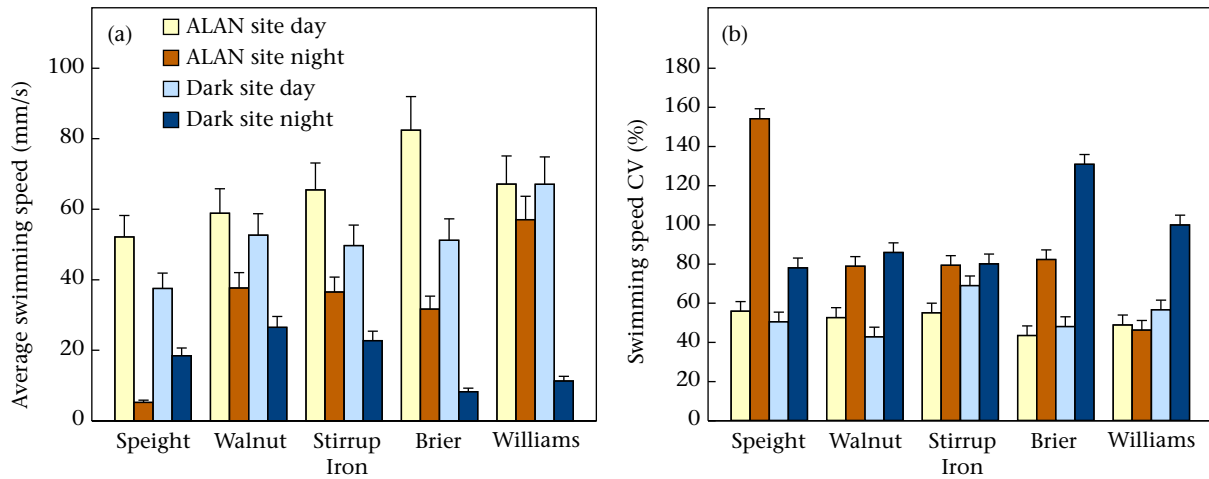


Figure 3. Variation in *G. holbrooki* (a) swimming speed and (b) swimming speed coefficient of variation (CV) among populations during both day and night. Mean \pm 1 SE depicted.

speed ($r_8 = -0.24, P = 0.51$), and a suggestive negative correlation for night-time CV of swimming speed ($r_8 = -0.61, P = 0.0612$). Thus, we observed evidence that a higher intensity of night-time lighting in the field was associated with faster night-time swimming and a tendency for less burst-and-coast style swimming, at least under the highest levels of ALAN examined in this study.

Adult Daytime Behaviours

For females, we found effects of ALAN on the first behavioural PC axis and drainage-specific ALAN effects on PC2 (Table 5). Further examination of PC1 revealed that ALAN effects were only apparent within three drainages (Fig. 4a), consistent with the marginally nonsignificant interaction term. Overall, females exhibited behavioural differences between ALAN and Dark sites within every drainage but Stirrup Iron Creek. First, females exhibited similarly low daytime foraging and feeding rates within all ALAN sites, with Dark sites showing among-site variation (Fig. 4a). Second, females tended to show higher rates of aggression and experience lower frequencies of sexual behaviour in ALAN sites within the Brier Creek drainage and more weakly within the Williams Creek drainage, but the opposite pattern was observed within the Walnut Creek drainage (Fig. 4b). We found no clear association between maximum night-time lux at each site and behavioural PC1 scores ($r_8 = -0.44, P = 0.20$) or behavioural PC2 scores ($r_8 = 0.24, P = 0.51$). When examining patterns for behavioural differentiation within drainages, we found that behavioural differences between paired ALAN–Dark sites tended to increase with increasing geographical distance between them

($r_8 = 0.87, P = 0.0550$). Thus, smaller behavioural differences tended to occur among localities situated in close proximity to one another, such as within the Stirrup Iron Creek drainage.

Males showed fewer behavioural differences between ALAN and Dark sites than females, but they tended to display higher aggression rates and lower sexual behaviour rates in ALAN sites within most drainages (Table 5, Fig. 4c, d). For the overall patterns most often observed for females (lower foraging/feeding, higher aggression, lower sexual-behaviour rates in ALAN), males only strongly exhibited this pattern within the Williams Creek drainage. We found maximum lux at night was not associated with average behavioural PC1 scores ($r_8 = -0.29, P = 0.41$) but was positively associated with behavioural PC2 scores ($r_8 = 0.79, P = 0.0069$). Thus, males exhibited higher rates of aggression and lower rates of sexual behaviours during the day in populations that experienced a greater magnitude of night-time lighting. Behavioural differentiation in males between paired ALAN–Dark sites showed no clear association with the geographical distance between them ($r_8 = 0.66, P = 0.23$).

Body Size and Condition

While we found nontrivial among-population variation and many influential factors, we found no consistent effects of ALAN on observed adult body size or condition of *G. holbrooki* in the field (Table 6, Fig. 5). Both estimates of body size yielded highly similar results, while patterns of body condition were distinctly different from those for body size. One clear pattern was that females were larger than males in all sites, as expected. For females, body size

Table 5

Results of general linear models examining variation in female and male *G. holbrooki* daytime behaviours attributable to effects of drainage, ALAN (artificial light at night) and their interaction

	PC1					PC2				
	F	df	P	η^2	R^2	F	df	P	η^2	R^2
Female					0.15					0.11
Drainage	1.96	4, 205	0.1012	3.25		3.18	4, 205	0.0146	5.52	
ALAN	20.53	1, 205	<0.0001	8.48		0.76	1, 205	0.3840	0.33	
Drainage \times ALAN	2.20	5, 205	0.0704	3.63		2.88	5, 205	0.0237	5.00	
Male					0.07					0.06
Drainage	2.43	4, 205	0.0487	4.42		1.09	4, 205	0.3609	2.00	
ALAN	0.00	1, 205	0.9535	0.00		6.25	1, 205	0.0132	2.85	
Drainage \times ALAN	1.27	5, 205	0.2829	2.31		0.68	5, 205	0.6076	1.24	

P values \leq 0.05 in bold, $\eta^2 \geq$ 5% in bold.

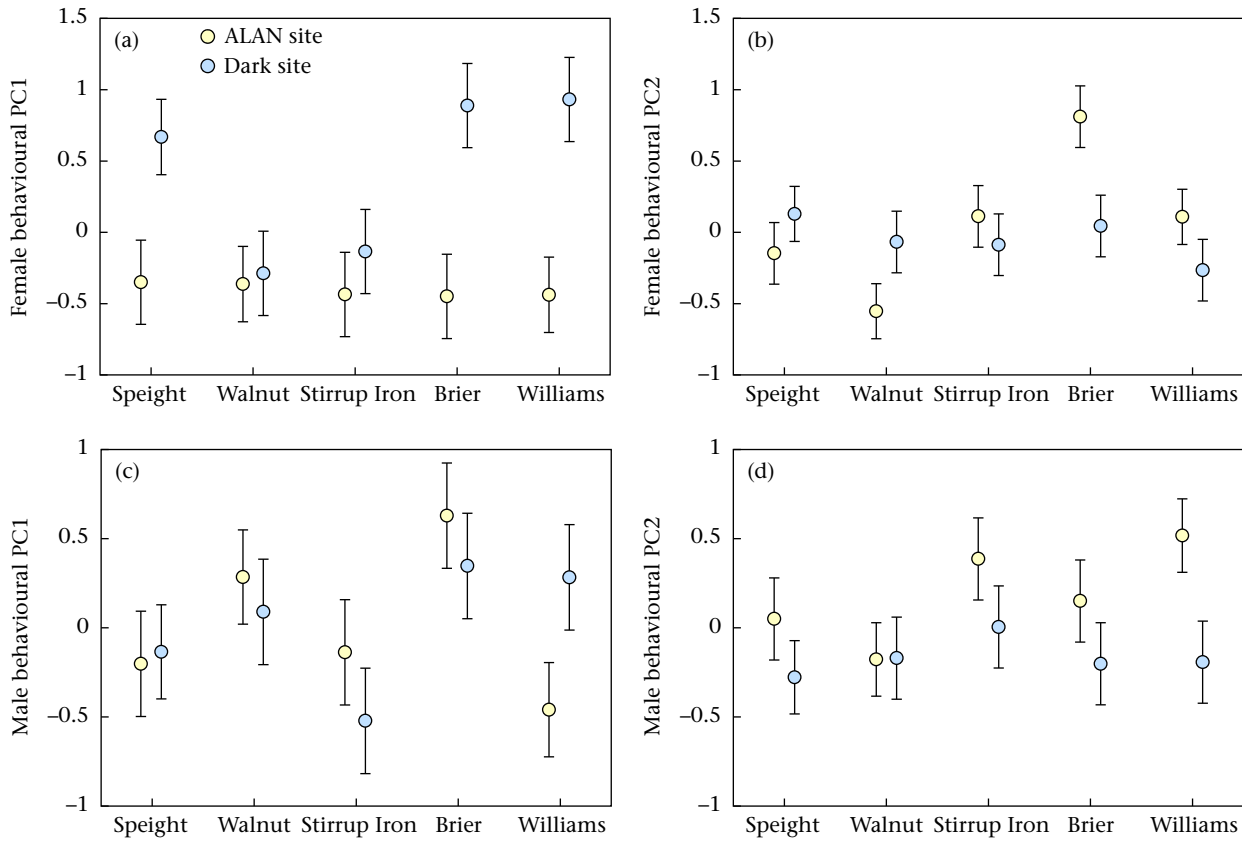


Figure 4. Variation among populations in daytime behavioural frequencies for (a, b) female and (c, d) male *G. holbrooki* along principal component axes. More positive scores of PC1 describe increasing rates of foraging and feeding behaviours in both sexes. More positive scores of PC2 describe increasing aggression frequency and decreasing rates of sexual behaviours. Mean \pm 1 SE depicted.

Table 6
Results of general linear models examining variation in body size and condition of *G. holbrooki* attributable to effects of drainage, ALAN (artificial light at night), sex and their interactions

	<i>F</i>	<i>df</i>	<i>P</i>	η^2	<i>R</i> ²
SL					0.79
Drainage	8.79	4, 420	<0.0001	1.81	
ALAN	1.01	1, 420	0.3164	0.05	
Drainage \times ALAN	13.01	4, 420	<0.0001	2.68	
Sex	1306.68	1, 420	<0.0001	67.4	
Drainage \times sex	9.47	4, 420	<0.0001	1.95	
ALAN \times sex	7.14	1, 420	0.0078	0.37	
Drainage \times ALAN \times sex	11.31	4, 420	<0.0001	2.33	
Mass					0.78
Drainage	17.68	4, 420	<0.0001	3.55	
ALAN	1.66	1, 420	0.1987	0.08	
Drainage \times ALAN	15.86	4, 420	<0.0001	3.18	
Sex	1311.58	1, 420	<0.0001	65.77	
Drainage \times sex	9.20	4, 420	<0.0001	1.85	
ALAN \times sex	6.15	1, 420	0.0135	0.31	
Drainage \times ALAN \times sex	11.91	4, 420	<0.0001	2.39	
Fulton's K					0.29
Drainage	27.72	4, 420	<0.0001	18.64	
ALAN	1.90	1, 420	0.1684	0.32	
Drainage \times ALAN	10.29	4, 420	<0.0001	6.92	
Sex	14.13	1, 420	0.0002	2.37	
Drainage \times sex	1.08	4, 420	0.366	0.73	
ALAN \times sex	0.03	1, 420	0.8558	0.01	
Drainage \times ALAN \times sex	0.71	4, 420	0.5873	0.48	

SL: standard length. The degrees of freedom were similar for all models. *P* values \leq 0.05 in bold, $\eta^2 \geq$ 5% in bold.

tended to be smaller in ALAN within the Brier Creek drainage (and weakly so for Speight Branch drainage), while it tended to be larger in ALAN in the Walnut Creek drainage. Female body condition tended to be lower in ALAN within the Speight Branch drainage (and weakly so for Stirrup Iron Creek drainage) but greater in ALAN within the Williams Creek drainage (and weakly so for Brier Creek drainage). For males, body size was larger in ALAN within the Walnut drainage and tended towards that pattern within the Brier Creek and Williams Creek drainages, but the opposite pattern was observed in the Stirrup Iron Creek drainage. Male body condition was higher in ALAN within the Williams Creek drainage (and weakly so for Brier Creek drainage) but tended to be lower in ALAN within the Stirrup Iron Creek drainage. We found no associations between size or condition of either sex with maximum night-time lux (all *P* > 0.16). However, we found evidence of a constraining effect of proximity to Dark sites on differentiation in body condition (correlation between geographical distance and difference in average condition; females: $r_8 = 0.82$, *P* = 0.0924; males: $r_8 = 0.92$, *P* = 0.0249). That is, *G. holbrooki* adults tended to have slightly lower condition in ALAN sites compared to Dark sites within drainages with short geographical distances between the sites, but higher condition in ALAN sites within drainages with greater distances between sites.

DISCUSSION

By examining wild, urban populations of a freshwater fish, we uncovered evidence for a range of effects of human-caused

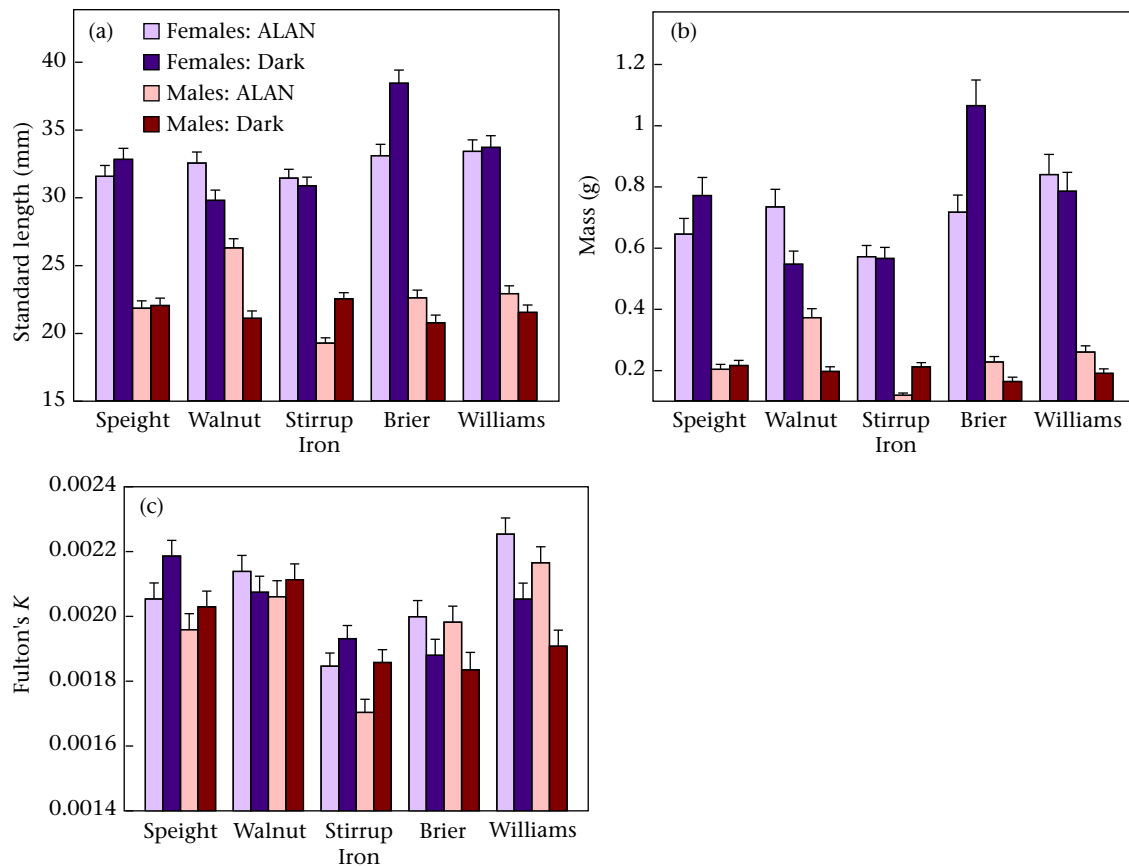


Figure 5. Variation among populations in (a) body length, (b) body mass and (c) body condition in adult female and male *G. holbrooki*. Mean \pm 1 SE depicted.

night-time lighting, with behavioural impacts generally stronger and more consistent than effects on population ecology, body size or condition. Many effects of ALAN varied across drainages, and some of this variation was apparently attributable to variation in the magnitude of ALAN or the geographical proximity of populations within drainages. Regardless, we observed multiple effects of ALAN within every drainage examined, with many patterns matching our a priori predictions based on adaptive divergence. We suggest that ALAN can rapidly lead to phenotypic shifts in resilient organisms that persist in these urban environments, but that we still lack fundamental knowledge regarding the proximate and ultimate mechanisms underlying most changes, and population mixing/gene flow from nearby, unexposed localities can temper adaptive responses. These latter factors, and others (e.g. genetic (co)variances of traits, potentially rugged fitness surfaces, genetic drift), make it difficult to accurately predict the specific population level outcomes of ALAN in all cases, even though the magnitude of differences between ALAN-exposed and ALAN-naïve populations within drainages were often similar to, or greater than, differences observed between drainages. Our findings indicate that long-term exposure to ALAN can even have such dramatic consequences that a 'diurnal' organism may no longer exhibit diurnality.

Demographics and Habitat Use

Although effects of ALAN on population demography varied among drainages, we only observed patterns indicative of neutral to positive effects of ALAN on eastern mosquitofish populations. This suggests that, if ALAN has negative impacts on the population ecology of eastern mosquitofish, then it may be very short-lived, and we did not observe it here. These patterns are consistent

with *G. holbrooki* possessing traits or exhibiting rapid trait shifts that allow them either to adequately tolerate or even to benefit from environmental changes associated with ALAN. Considering the known negative proximate effects of ALAN in many taxa (e.g. *K. Gaston & Bennie, 2014; Gaston et al., 2015; Horton et al., 2023; Latchem et al., 2021; Pulgar et al., 2019*), a recent laboratory study using a subset of the populations examined here (*Jenkins, 2023*), and the behavioural differences observed in this study, it appears that *G. holbrooki* have partially contended with ALAN using adaptive behavioural changes.

The elevated population densities and greater proportion of juveniles observed in the presence of ALAN within some drainages may reflect greater population growth rates via increased fecundity or adult/juvenile survivorship. A direct effect of ALAN on reproductive output (e.g. testes size, brood size, reproductive timing) is possible (*Baz et al., 2022; Dominoni et al., 2018; Durrant et al., 2018; Thawley & Kolbe, 2020*), but indirect effects on reproductive output and survival may be more likely. This might occur for at least three reasons, as ALAN might (1) allow for increased food intake by extending foraging periods into the night (*Cohen et al., 2011; Czarnecka et al., 2019; Dwyer et al., 2013; Fraser et al., 2004*), (2) positively influence invertebrate prey abundance by directly altering invertebrate ecologies or by reducing densities of fish competitors (*Bolton et al., 2017; Davies et al., 2012; Moore et al., 2006; Perkin et al., 2011*) and (3) permit foraging to occur during periods with lower associated predation risk (*Cohen et al., 2011; Eckhardt & Ruxton, 2022; McNeil & Rodríguez, 1996; Nelson et al., 2022*). Prior work in poeciliid fishes has shown that these three changes could lead to the demographic patterns observed here, as greater food availability/intake can increase fecundity and testes size and lead to

higher population densities with a greater proportion of juveniles, while lower mortality rates are also associated with higher densities and a higher proportion of juveniles (Heinen et al., 2013; Reznick et al., 1996; Riesch et al., 2020). This study provides evidence for elevated night-time feeding in ALAN sites (see below), and we never observed night-time predatory behaviour of piscivorous fish during this study (we did observe this during the day); but future work is needed to address mechanisms, as well as the reasons for among-drainage variation.

The more male-biased sex ratios observed during the day within several ALAN localities appeared to reflect a spurious effect of population density. During the day, we observed a lower proportion of females in cases with higher overall density, but after statistically adjusting for this correlation, we detected no differences in daytime sex ratios between ALAN and Dark populations. While the cause of this density dependence is not known, some evidence for a reduced proportion of females under higher density exists in another poeciliid fish (Zúñiga-Vega et al., 2012). Because prior work suggests that the female-biased sex ratios typical in poeciliid fishes (and commonly observed here) result from male-biased mortality (Snelson & Wetherington, 1980), patterns found in this study point toward increased survivorship of males in sites with higher population densities. Future research could examine how and why sex-specific mortality rates might covary with population density.

Meanwhile, night-time sex ratios in shallow, nearshore habitat clearly differed between ALAN and Dark sites, regardless of population density, revealing unambiguous evidence for a sex-specific, ALAN-induced diel habitat shift. This sex-specific utilization of habitat types at night under dim lighting mostly resulted from an apparent movement of females offshore during the night, and less from males increasing nearshore habitat use at night. Offshore environments are not heavily utilized by *G. holbrooki* during the day, but perhaps night-time lighting provides an opportunity for females to feed in areas that are typically dangerous during the day but experience reduced predation risk at night (see below). The open-water offshore environment also lacks complex plant structure, which could provide shadows and refuge for prey, and this region could have elevated prey availability in the form of zooplankton or insects at the water surface. Moreover, light intensity might sometimes be slightly higher offshore where the sources of ALAN are not obscured by nearshore vegetation, providing more light for visually guided social and foraging behaviours, resulting in increased detection and consumption of prey. Likely owing to their elevated energetic demands, female mosquitofishes focus much more on foraging than males, which are more focused on mating (Heinen et al., 2013; Pärssinen et al., 2021). In this study, female *G. holbrooki* exhibited foraging and feeding rates during the day more than 3× that of males. This suggests that diel habitat shifts of females toward offshore habitat at night might involve a feeding motivation. Yet, females might also experience lower encounter rates with males offshore, reducing potential sexual harassment. While we did observe activity of *G. holbrooki* offshore at night within several ALAN localities, we did not attempt to quantify offshore habitat use or identify the sex of fish swimming offshore.

To date, there is no prior work we are aware of that has examined the effects of ALAN on sex-specific habitat use. Previous work found that guppies increased their use of open areas of tanks when exposed to ALAN in the laboratory (Kurvers et al., 2018), but that study did not examine behaviours during the night. Interestingly, sex-specific spatial aggregation diel shifts in fish have been noted in lemon sharks, *Negaprion acutidens*, where females shifted more offshore at night during winter months (Pillans et al., 2021). In freshwater catfish, *Tandanus tandanus*, females showed greater movement than males during the night (Koster et al.,

2015). In roach, *Rutilus rutilus*, larger-bodied females used more pelagic open habitat than smaller males (Zak et al., 2020), a pattern similar to what was observed here during the night. Future work should investigate the sex specificity of ALAN-induced diel habitat shifts.

Diel Activity Incidence and Locomotor Activity

We initially hypothesized that ALAN permits *G. holbrooki* to continue a range of activities into the night, especially feeding, resulting in elevated night-time behavioural activity. Matching these a priori predictions, we found that populations with ALAN tended to show both a greater incidence of night-time activity and higher night-time swimming speeds. Furthermore, populations with a greater magnitude of night-time lighting tended to show greater night-time activity, suggesting that lighting per se influenced the level of activity in these visually oriented fish. These differences were some of the strongest and most consistent effects of ALAN observed in this study. Our findings are consistent with the hypothesis that *G. holbrooki* takes advantage of night-time lighting to extend feeding into the night because they can more effectively detect and consume prey under these artificially elevated levels of light. If ALAN is associated with increased prey abundance or quality, then this could have reinforced this observation. This is also consistent with our anecdotal observations that most behaviours occurring during the night were foraging/feeding behaviours, as well as with the known increased night-time feeding rates on invertebrates found in Eurasian perch in response to ALAN exposure (Czarnecka et al., 2019). Night-time foraging as a result of ALAN has also been observed in other diurnal taxa such as arthropods (McMunn et al., 2019) and birds (Leveau, 2020; Silva et al., 2017). And Batty et al. (1990) found that swimming speed in Atlantic herring, *Clupea harengus*, increased with increasing light intensity, but only when they were feeding in manners similar to those used by *G. holbrooki* (i.e. biting, not filter feeding). Moreover, if elevated night-time activity largely reflected night-time foraging activity, then we might expect to observe greater night-time activity under conditions of higher resource competition. In line with this expectation, examining among-population associations with density in this study, we found evidence of positive associations between night-time density and the incidence of night-time activity (Spearman rank correlation: $r_s = 0.72$, $N = 10$, $P = 0.0191$) and between night-time density and night-time swimming speed (Pearson correlation: $r_8 = 0.57$, $P = 0.0835$). Thus, we suggest that increased night-time activity in populations with ALAN partially reflected an adaptive foraging shift in *G. holbrooki*.

Elevated night-time activity may, however, come at an energetic cost, e.g. resulting in altered daytime behaviours or reduced body condition (see below), if it is not compensated for by increased energetic intake, such as profitable night-time feeding (Fraser et al., 2004). For instance, rockfish experimentally exposed to ALAN exhibited increased oxygen consumption associated with their elevated activity levels (Pulgar et al., 2019). We observed fish consuming prey during the night via direct visual observations and in night-time video recordings, indicating that *G. holbrooki* can successfully forage at night. Fraser et al. (2004) found that night-time feeding in Trinidadian guppies, another 'diurnal' poeciliid fish, was as profitable as daytime feeding even in the absence of ALAN. While *G. holbrooki* were seldomly seen to forage at night in Dark sites examined in this study, when they did forage at night in ALAN sites, they appeared to be effective predators and thus appear to be able to compensate for their higher night-time energetic expenditure. If so, fish in ALAN localities could require less daytime feeding to acquire similar or greater overall energetic inputs from food resources than fish in Dark sites, which feed

much less during the night (see below). Indeed, recent work in a subset of the populations studied here found that *G. holbrooki* from ALAN sites have even higher foraging performance during the night under ALAN than they do during the day and have much higher night-time foraging performance than fish from Dark sites (Jenkins, 2023).

While night-time activity in *G. holbrooki* could increase rates of food consumption, it could also expose the fish to night-time predation risk. We did not quantify activity of fish predators or predation rates in this study, but our observations suggest greatly reduced predation risk during the night owing to apparently strongly reduced activity of piscivorous fish and birds. That said, future work should investigate predation risk because ALAN (especially high-intensity ALAN) can sometimes increase night-time predation risk (Becker et al., 2013; Nelson et al., 2021; Sanders et al., 2020), perhaps centred along light–dark boundaries. Importantly, the ALAN sites studied here had little to no dark regions during the night, the only exception being the Speight Branch drainage, which also exhibited the lowest intensity of ALAN, lowest incidence of night-time activity and lowest night-time swimming speeds among ALAN sites.

In most populations, we observed a strong diel shift in swimming speed and style, with slower average speeds and a more burst-and-coast style observed during the night than during the day. This likely reflects the greater overall activity and more diverse behaviours performed during the day than at night in *G. holbrooki*. However, this diel shift was not observed in one population, the ALAN locality in the Williams Creek drainage, which had the highest light intensity and longest time of exposure to ALAN of any sites examined in this study. Only fish in this population showed similar activity incidence, swimming speed and swimming style during the day and night. This population was also the only one that showed evidence in both sexes for reduced daytime foraging/feeding rates, elevated aggression frequency and reduced rates of sexual behaviours compared to its paired Dark site within the drainage. These results suggest that under long-term exposure to relatively bright ALAN, diurnality may be lost in some ‘diurnal’ organisms, even without a shift to nocturnality. While human disturbances are known to alter diel activity patterns in many taxa (e.g. Bonnot et al., 2020; Gaynor et al., 2018; Lee et al., 2024; Ordiz et al., 2014), this is the first case to our knowledge of a specific human-caused factor (ALAN) leading to the apparent loss of diurnality in the wild. Such a dramatic change in diel behavioural patterns could reflect a combination of phenotypic plasticity and evolutionary change and have important ecological and evolutionary consequences.

Our finding that populations with ALAN often showed faster swimming speeds than populations in Dark sites during the day (within 3 drainages) could reflect altered circadian rhythms. Higher activity during the day has also been observed in rockfish and smallmouth bass experimentally exposed to ALAN (Foster et al., 2016; Pulgar et al., 2019). In contrast, experimental exposure to ALAN appears to lower daytime locomotor activity in bluegill sunfish (Latchem et al., 2021) and in mosquitofishes (Barzegar et al., 2022; Miner et al., 2021). However, the latter studies examined a different variable in mosquitofishes, time spent resting, and Miner et al. (2021) found conflicting results between an aquarium and mesocosm experiment in *G. affinis*. Contradictory evidence regarding effects of ALAN on daytime activity also comes from diverse taxa, with increased, decreased and unaffected daytime activities documented (e.g. Baz et al., 2022; Duarte et al., 2019; Dwyer et al., 2013; Finch et al., 2020; Lynn et al., 2021; Taylor et al., 2022; Touzot et al., 2019; Ulgezen et al., 2019), but these studies have almost exclusively examined experimental exposure to ALAN over short periods, not wild populations

exposed to ALAN for generations. Based on our findings regarding feeding behaviours and body condition, elevated daytime swimming speeds in ALAN sites were not related to increased feeding rates or altered body condition. Moreover, daytime locomotor speed was not density dependent, as we observed no correlation between average daytime swimming speed and average daytime density ($r_8 = 0.27$, $P = 0.46$). The underlying proximate and ultimate causes of ALAN-associated changes in daytime locomotor activity requires further investigation.

Daytime Behavioural Frequencies

ALAN was sometimes associated with decreased daytime foraging and feeding rates in female *G. holbrooki*, while males only exhibited this pattern in one locality. Notably, foraging and feeding rates were uniformly low for females in all ALAN populations. Perhaps elevated night-time feeding in these sites allowed these fish to maintain low foraging activities during the day. Indeed, there was a suggestive tendency for populations with greater average night-time swimming speed to exhibit lower average daytime foraging/feeding rates in females ($r_8 = -0.55$, $P = 0.0982$). As mentioned earlier, female mosquitofishes exhibit more resource-associated behaviours than males, and this is consistent with the notion that females may respond more strongly to ALAN in their feeding behaviours. In this study, we can rule out that reduced daytime feeding rates simply resulted from altered population densities, as we did not find any evidence of positive associations between average female or male PC1 scores and density (females: $r_8 = -0.46$, $P = 0.19$; males: $r_8 = 0.14$, $P = 0.70$). To date, we have little knowledge about the effect of ALAN on daytime foraging and feeding behaviours. There is some evidence of reduced daytime feeding in response to experimental exposure to ALAN in a marine mollusc (Manríquez et al., 2021). Meanwhile, Dwyer et al. (2013) found that daytime foraging was not associated with ALAN in a migratory shorebird (redshank, *Tringa tetanus*). More research is needed on this topic.

Males in ALAN sites with greater magnitudes of night-time lighting tended to show higher rates of aggression and lower rates of sexual behaviours during the day, while females showed heterogeneous patterns for these behaviours. This behavioural shift in males could reflect daytime consequences of night-time activity and altered circadian rhythms. In line with this hypothesis, populations with higher average PC2 scores in males (higher aggression, lower sexual behaviour) had greater night-time activity levels (Spearman rank correlation: $r_s = 0.77$, $N = 10$, $P = 0.0093$). Exposure to ALAN can affect aggression in many taxa (e.g. Carvalho et al., 2013; Z. Li et al., 2024; Valdimarsson & Metcalfe, 2001; Van der Meer et al., 2004). ALAN exposure also alters sexual behaviours in many taxa (e.g. Gutiérrez-Pérez et al., 2023; McLay et al., 2018; Simonneaux & Bahougne, 2015; Touzot et al., 2020; Van Geffen et al., 2015). Effects vary, but increased aggression and decreased sexual motivation or reproductive success has been commonly reported, presumably involving several possible proximate mechanisms associated with altered circadian rhythms and sleep deprivation. ALAN can also disrupt organismal processing of photoperiod cues, leading to altered season-dependent sexual behaviours (Davies et al., 2023; Russart & Nelson, 2018). Lower rates of sexual behaviours during the day under ALAN conditions could also reflect a plastic or evolved shift in diel patterns of risky mating behaviours, e.g. under increased levels of night-time lighting, males could attempt more matings during the night instead of the day, as resistant females may more easily be overcome by males under dim lighting and the behaviours may have lower probability of attracting the attention of predators. We did observe mating behaviours during the night in ALAN-exposed

populations, but quantitative study of these rates and their success require future investigation. More research is needed to understand the mechanisms underlying these sex-specific behavioural changes associated with prolonged exposure to ALAN.

The degree to which behavioural differences among populations reflect plasticity or genetic differentiation is unknown, but both sources of variation are likely involved. If trait changes mostly reflected evolutionary change, we might expect an association between population trait values and time of exposure to ALAN. But evolutionary change need not show such an incremental change over this time period, and in this study, sites with longer exposure to ALAN also tended to have a higher intensity of ALAN, making it difficult to tease apart these effects. Our findings for female foraging and feeding rates support a role for evolutionary change in explaining some of these patterns, as the magnitude of behavioural differences between ALAN and Dark sites within drainages increased with increasing geographical distance between sites. This suggests that gene flow between populations might constrain adaptive divergence, or that movement of individuals between locations might prevent adaptive plasticity (Garant et al., 2007; Langerhans et al., 2003). We find the likelihood of the former explanation to be greater than the latter in this case, as regular movement of individuals between these locations seems less likely than occasional movement that can influence gene flow. Additionally, a recent common garden experiment using a subset of the populations investigated here has demonstrated evolutionary divergence between ALAN and Dark sites in multiple drainages for multiple traits (Jenkins, 2023), and thus at least some of the behavioural differences observed in the wild here may reflect evolution and not only plasticity. Future work is needed to directly address this topic.

Body Size and Condition

ALAN did not simply induce negative effects that resulted in lower body size or condition in *G. holbrooki*, as we observed inconsistent variation among ALAN and Dark sites. Differences in size and condition between paired sites were often observed for both sexes, but the directionality of differences went in both directions (e.g. sometimes smaller in ALAN, sometimes larger in ALAN). Effects of ALAN on body size may generally be species specific, population specific, dose dependent or time dependent, as so many factors can affect body size. To date, experimental work has found that ALAN can sometimes lead to increased growth/body size (e.g. Batra et al., 2019; Borniger et al., 2014; Durrant et al., 2018; Fonken et al., 2010; Malek & Haim, 2019; Thawley & Kolbe, 2020) and sometimes lead to reduced growth/body size (e.g. Arvedlund et al., 2000; Boldogh et al., 2007; Dananay & Benard, 2018; Raap et al., 2016; Schligler et al., 2021; Villamizar et al., 2011).

The observed effect of geographical distance on the nature of body condition differentiation between paired ALAN and Dark sites suggests a constraining effect of gene flow on adaptive divergence in ALAN populations. *Gambusia holbrooki* adults tended to have higher condition in ALAN sites compared to Dark sites within drainages with a farther distance between the sites, but lower condition in ALAN sites within drainages with a short geographical distance between sites. Populations exposed to ALAN might experience strong selection for altered phenotypes, but gene flow from nearby populations unexposed to ALAN can inhibit much adaptive evolution. This scenario can result in reduced body condition within ALAN sites. Meanwhile, ALAN populations with less gene flow from populations unexposed to ALAN can more readily adapt to ALAN conditions, potentially leading to increased body condition as these fish more effectively take advantage of the

ability to feed and mate during the night. Future work can address these hypotheses.

Conclusions

Overall, we found that *G. holbrooki* regularly exposed to ALAN for years in the wild exhibited multiple phenotypic shifts within each of multiple drainages. Rather than reflecting negative consequences of human-altered conditions, most of these changes matched our a priori predictions of adaptive divergence, and some shifts must have occurred quite rapidly (all within 3–25 years; ~6–75 generations). This adds to the growing evidence for the role of human activities in driving adaptive trait changes in resilient organisms persisting in the human-altered environments. The largest differences in behaviours between ALAN and Dark sites within drainages typically occurred in cases with brighter ALAN, suggesting stronger selection under higher magnitudes of ALAN. The only clear evidence for negative consequences of ALAN came from the lower body condition observed in two drainages, but these two ALAN sites had the closest proximity to Dark sites, suggesting that gene flow with unexposed populations may have constrained adaptive responses to ALAN. Our study is the first of its kind to document demographic and behavioural effects of ALAN on an aquatic organism and highlights the importance of conducting field studies to better understand the natural consequences of this pervasive pollutant.

Author Contributions

Matthew R. Jenkins: Writing – original draft, Visualization, Methodology, Investigation, Funding acquisition, Data curation. **R. Brian Langerhans:** Writing – review & editing, Visualization, Supervision, Resources, Methodology, Investigation, Funding acquisition, Formal analysis, Data curation, Conceptualization.

Data Availability

Data for this study are either provided in the text, provided as Supplementary Material or deposited in the Dryad Digital Repository (<https://doi.org/10.5061/dryad.qrf6q5rn>).

Declaration of Interest

We declare we have no competing interests.

Acknowledgments

We thank the North Carolina Wildlife Resources Commission for permission to conduct field collections as well as Caren Cooper, Elsa Youngsteadt, Renée Duckworth, Alex Badyaev, Katie Chenard and Matthew Moelling for discussion and comments that improved a previous version of the manuscript. The research was supported by North Carolina State University, the Swedish Research Council (2016-05095) and an American Society of Ichthyology and Herpetology Raney Fund Award.

Supplementary Material

Supplementary material associated with this article is available at <https://doi.org/10.1016/j.anbehav.2026.123541>.

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Appendix

Table A1

Average measurements of water quality parameters taken from undisturbed water at -20 cm depth during the day and night at each study site

Drainage	ALAN status	Date	Time of day (hours)	Water temp. (°C)	pH	Turbidity (NTU)	Salinity (ppt)	Conductivity (µS)
Speight branch	ALAN	16 Jul 2020	1155, 2245	27.6	8.24	14.11	0.1	130.4
	Dark	3 Jul 2020	1230, 2245	30.9	9.76	18.99	0.0	70.1
Walnut creek	ALAN	27 Jun 2020	1240, 2310	27.8	8.62	3.10	0.1	127.4
	Dark	19 Jul 20	1150, 2250	26.5	7.76	4.41	0.1	156.3
Stirrup iron creek	ALAN	14 Jul 2020	1200, 0020	32.2	9.11	2.12	0.1	246.8
	Dark	13 Jul 2020	1200, 2300	27.6	8.63	5.91	0.1	128.6
Brier creek	ALAN	2 Aug 2020	1200, 2300	31.1	8.97	0.36	0.1	102.4
	Dark	6 Aug 2020	1205, 2310	29.3	9.04	8.47	0.0	59.6
Williams creek	ALAN	27 Jul 2020	1155, 2255	32.6	9.13	15.05	0.0	59.2
	Dark	28 Jul 2020	1225, 2300	31.7	8.49	3.92	0.0	93.9

ALAN: artificial light at night. Water temperature, salinity and conductivity were measured using a YSI Pro2030. We measured pH using a Dr. Meter PH100 and turbidity using a Sper Scientific 860040.

Table A2

Moon phase information for the dates that fish observations occurred during the study

Drainage	ALAN status	Moon phase	Moon rise (hours)	Moon set (hours)
Speight branch	ALAN	Waning crescent, 21.2%	0239	1700
	Dark	Waxing gibbous, 95.0%	1924	0428
Walnut creek	ALAN	Waxing crescent, 46.8%	1234	0050
	Dark	Waning crescent, 2.8%	0454	1956
Stirrup iron creek	ALAN	Waning crescent, 38.8%	0137	1502
	Dark	Waning crescent, 48.2%	0110	1406
Brier creek	ALAN	Waxing gibbous, 97.6%	2000	0505
	Dark	Waning gibbous, 93.5%	2218	0907
Williams creek	ALAN	First quarter, 56.1%	1350	0029
	Dark	Waxing gibbous, 57.8%	1458	0103

Table A3

Sample size information for the various components of the study during the day (D) and night (N), when applicable, for each population of *G. holbrooki*

Drainage	ALAN status	Quadrat surveys	Locomotor activity	Daytime behaviours		Body size/condition	
				Females	Males	Females	Males
Speight branch	ALAN	20 D/20 N	30 D/30 N	20	20	20	20
	Dark	20 D/20 N	30 D/30 N	25	25	21	21
Walnut creek	ALAN	20 D/20 N	30 D/30 N	25	25	20	20
	Dark	20 D/20 N	30 D/30 N	20	20	20	20
Stirrup iron creek	ALAN	20 D/20 N	30 D/30 N	20	20	30	30
	Dark	20 D/20 N	30 D/30 N	20	20	30	31
Brier creek	ALAN	20 D/20 N	30 D/30 N	20	20	20	20
	Dark	20 D/20 N	30 D/30 N	20	20	20	17
Williams creek	ALAN	20 D/20 N	30 D/30 N	25	25	20	20
	Dark	20 D/20 N	30 D/30 N	20	20	20	20

ALAN: artificial light at night.

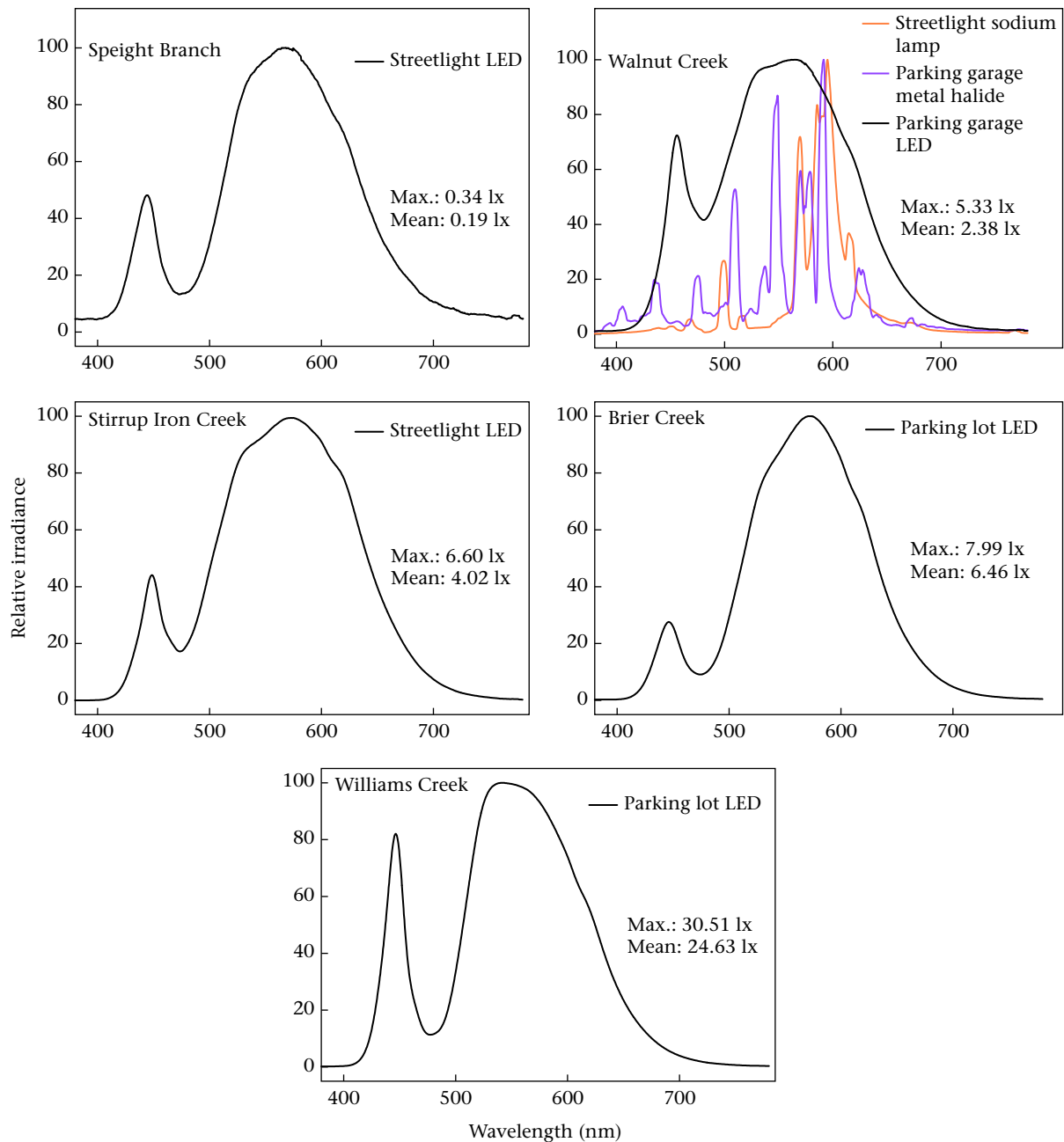


Figure A1. Spectra of artificial light at night (ALAN) sources as measured from near the shoreline at each of the five ALAN localities examined in the study. Multiple measurements of multiple light sources were taken in all cases (mean standardized spectra depicted), but spectra were very similar among lights at each site with the exception of the ALAN site within the Walnut Creek drainage. Thus, we only present multiple spectra for Walnut Creek, where distinct types of light sources were present. In all cases, including Walnut Creek, LED lighting provided the dominant type of light source at night affecting the night-time light conditions of these *G. holbrooki* populations.